

Comparative Fork Oil Weights Table

Brand	Designation	cSt @ 40C	cSt @ 100C	Viscosity Index	Type
HONDA	Fork oil 5	17			
HONDA	Fork oil 10	35.2			
YAMAHA	KYB 01	15.6	3.45	150	
YAMAHA	G5	17.7			
YAMAHA	G10	33.2			
YAMAHA	G15	47.3			
SUZUKI	L01	15.5			
SUZUKI	W-15	16.8			
SUZUKI	G10	33.3			
SUZUKI	G15 47.7	47.7			
KAWASAKI	KHL-15-10	15.3			
KAWASAKI	G5	17.9			
KAWASAKI	G10	33.9			
KAWASAKI	G15	49.5			
SHOWA	SS-05	15.7			
SHOWA	SS-7	16.6	3.77		
SHOWA	SS-8	36.8			
SHOWA	SS-15	20			
KAYABA	G10S	37.2			
KAYABA	G15S	55.2			
KAYABA	G30S	116.1			
WHITE POWER	#5	22			
WHITE POWER	#7.5	33.4			
WHITE POWER	#10	48.1			
WHITE POWER	#15	67.8			
Castrol Fork Oil 5	Fork & Shock Oil	15		150	Mineral
Castrol Fork Oil 10	Fork & Shock Oil	32		150	Mineral
Castrol Fork Oil 20	Fork & Shock Oil	68		150	Mineral
Castrol Fork Oil S 2.5	Fork & Shock Oil	6.8	2.25	150	Synthetic
Castrol Fork Oil S 5.0	Fork & Shock Oil	15	3.74	150	Synthetic
Castrol Hyspin	Hydraulic fluid				
Ohlins 1302-01	Front Fork Fluid #2 Extra Light	7			
Ohlins 1311-02	Front Fork Fluid #5 Light	15			
Ohlins 1309 Made by Soki	Front Fork Fluid – Road & Track	19			
Ohlins 1310	Front Fork Fluid #10 Medium	22			
Ohlins 1315	Front Fork Fluid #15 Medium/Heavy	35			
Ohlins 1320	Front Fork Fluid #20 Heavy	50			
Ohlins 1305	Front Fork Fluid #5 Synt	17			Synthetic
Ohlins 1310	Front Fork Fluid #10 Synt	22			Synthetic
Ohlins 1315	Front Fork Fluid #15 Synt	31			Synthetic
Ohlins 1302	Front Fork Fluid #2	7			
Ohlins 1311 25mm cart kit	Front Fork Fluid #4	15			
Ohlins 1310	Front Fork Fluid #5	22			
Ohlins 1315	Front Fork Fluid #10	35			
Ohlins 1320	Front Fork Fluid #15	50			
Ohlins 1325	Front Fork Fluid #20	99			
Ohlins 1309-31	Front Fork Fluid – Road & Track 43	19			
Ohlins 00105	Shock Absorber Fluid	28			
Ohlins 01303-01	Off Road Racing Shock Fluid – syn	18			Synthetic
Ohlins 01306-01 race 07	Shock Absorber Fluid-race spec 07	14			
Bel-Ray HVI 3wt	Shock Oil	11	3.85	296	Synthetic
Bel-Ray HVI 5wt	Shock Oil	19.5	6.66	300	Synthetic
Bel-Ray HVI 10wt	Shock Oil	33.5	10	306	Synthetic
Bel-Ray HVI 15wt	Shock Oil	49	13.9	297	Synthetic
Bel-Ray High Performance Fork Oil 5 W	Fork Oil	17.1	4.1	146	Mineral
Bel-Ray High Performance Fork Oil 7 W	Fork Oil	29	5.2	110	Mineral
Bel-Ray High Performance Fork Oil 10 W	Fork Oil	33	5.9	123	Mineral
Bel-Ray High Performance Fork Oil 15 W	Fork Oil	53	7.5	103	Mineral
Bel-Ray High Performance Fork Oil 20 W	Fork Oil	73.5	9.5	106	Mineral
Bel-Ray High Performance Fork Oil 30 W	Fork Oil	105	12	104	Mineral
Silkolene Maintain Fork Oil light 5 w	Fork Oil	22.3	4.4	106	Mineral
Silkolene Maintain Fork Oil Medium 10 w	Fork Oil	34.9	7.05	169	Mineral
Silkolene Maintain Fork Oil Intermediate 15	Fork Oil	48.45	8.5	153	Mineral
Silkolene Maintain Fork Oil Heavy 20	Fork Oil	67.7	8.75	101	Mineral
Silkolene Maintain Fork Oil Extra Heavy 30	Fork Oil	105	11.64	101	Mineral
Silkolene PRO RSF 2.5wt	Fork & Shock Oil	13.6	5.8	464	Semi Synthetic
Silkolene PRO RSF 5wt	Fork & Shock Oil	26.7	9.5	372	Semi Synthetic
Silkolene PRO RSF 7.5wt	Fork & Shock Oil	37.19	11.5	322	Semi Synthetic
Silkolene PRO RSF 10wt	Fork & Shock Oil	47.36	13.7	303	Semi Synthetic
Silkolene PRO RSF 15wt	Fork & Shock Oil	92.95	19.5	235	Semi Synthetic
02 Silkolene Racing Fork Fluid	Fork Oil	17.94	5.27	260	Synthetic
05 Silkolene Racing Fork Fluid	Fork Oil	43.18	9.48	212	Synthetic
Motul Shock Oil	Shock Oil	16.1	6.2	400	100% Synthetic
Motul Factory Line – very light	Fork Oil	15	3.5	112	100% Synthetic
Motul Factory Line – light	Fork Oil	18	4	121	100% Synthetic

Motul Factory Line – light/medium	Fork Oil	24	4.9	131	100% Synthetic
Motul Factory Line – medium	Fork Oil	36	6.4	130	100% Synthetic
Motul Fork Oil Expert – light	Fork Oil	17.9	3.9	112	Semi/Synthetic
Motul Fork Oil Expert – medium	Fork Oil	35.9	6	112	Semi/Synthetic
Motul Fork Oil Expert – medium/heavy	Fork Oil	57.1	8.3	116	Semi/Synthetic
Motul Fork Oil Expert – heavy	Fork Oil	77.9	10.1	111	Semi/Synthetic
Maxima Racing Shock Fluid – Light	Shock Oil	13.9	5.2	378	Petroleum
Maxima Racing Shock Fluid – Medium	Shock Oil	20.8	7.3	349	Petroleum
Maxima Racing Shock Fluid – Heavy	Shock Oil	28.9	9.4	334	Petroleum
Maxima Racing Fork Fluid 85/150 5wt	Fork Oil	15.9	3.5	150	Petroleum
Maxima Racing Fork Fluid 125/150 7wt	Fork Oil	26.7	5.4	151	Petroleum
Maxima Racing Fork Fluid 165/150 10wt	Fork Oil	32	6.3	151	Petroleum
Maxima Racing Fork Fluid 235/150 15wt	Fork Oil	46	8.5	154	Petroleum
Maxima Fork Oil 5wt	Fork Oil	15.9	3.5	150	Petroleum
Maxima Fork Oil 10wt	Fork Oil	32	6.3	151	Petroleum
Maxima Fork Oil 15wt	Fork Oil	46	8.5	154	Petroleum
Maxima Fork Oil 20wt	Fork Oil	65.6	12.9	201	Petroleum
ELF Moto Fork Oil Syn 2.5 W	Fork & Shock Oil	18	4	121	Synthetic
ELF Moto Fork Oil Syn 5 W	Fork & Shock Oil	23.3	4.8	130	Synthetic
ELF Moto Fork Oil Syn 10 W	Fork & Shock Oil	45.4	7.6	135	Synthetic
Rock Oil SVI 2.5	Fork & Shock Oil	10	4	250	Synthetic
Rock Oil SVI 5 (01)	Fork & Shock Oil	22	5.3	200	Synthetic
Rock Oil SVI 7.5	Fork & Shock Oil	24	6.8	250	Synthetic
Rock Oil SVI 10	Fork & Shock Oil	32	6.5	170	Synthetic
Rock Oil SVI 15	Fork & Shock Oil	48	9	160	Synthetic
Rock Oil SVI 20	Fork & Shock Oil	68	10.7	140	Synthetic
Golden Spectro Cartridge Fork Fluid – Very Light	Fork Oil	14	3.4	150	Semi Synthetic
Golden Spectro Cartridge Fork Fluid – Light 1 1/2	Fork Oil	26	3.4	150	Semi Synthetic
Spectro SPL ultra light	Shock Oil	10.4	4.4	385	
Spectro SPL very light	Shock Oil	26.4	9.9	400	
Spectro SPL light	Shock Oil	47.27	16.76	381	
Spectro SX 400 Shock & Fork	Fork & Shock Oil	20.9	8.9	400	
Spectro Fork Oil 5w	Fork Oil	21.7	4.4	119	Petroleum
Spectro Fork Oil 10w	Fork Oil	32.8	5.6	111	Petroleum
Spectro Fork Oil 15w	Fork Oil	45.6	7.2	119	Petroleum
Spectro Fork Oil 20w 20	Fork Oil	65	8.9	110	Petroleum
Spectro Heavy Duty Fork Oil – Type E	Fork Oil	64.9	8.9	385	Petroleum
Spectro Heavy Duty Fork Oil – Heavy	Fork Oil	141.2	14.1	400	Petroleum
Morris Lubricants	Fork & Shock Oil	22.9	7.7	350	
Morris Lubricants	Fork & Shock Oil	56.6	13.7	252	
Klotz KL-505	Fork & Shock Oil	23.8			
Klotz KL-510	Fork & Shock Oil	32			
Klotz KL-515	Fork & Shock Oil	42			
Putoline HPX 2.5	Fork & Shock Oil	6.74	3.01	458	Semi Synthetic
Putoline HPX 5.0	Fork & Shock Oil	22.5	5.07	162	Semi Synthetic
Putoline HPX 7.5	Fork & Shock Oil	33.7	6.77	164	Semi Synthetic
Putoline HPX 1.0	Fork & Shock Oil	50.1	8.64	151	Semi Synthetic
Putoline HPX 15	Fork & Shock Oil	67.5	11.2	159	
Putoline HPX 20	Fork & Shock Oil	99.4	14.6	155	
Putoline HPX 30	Fork & Shock Oil	150	14.6	95	
Motorex Racing Racing SD-1	Shock Oil	14.8	3.5		
Motorex Racing Fork Oil 2.5	Fork Oil	15.2	4.4	222	Mineral
Motorex Racing Fork Oil 5.0	Fork Oil	21.8	5.5	209	Mineral
Motorex Racing Fork Oil 7.5	Fork Oil	29	6.8	206	Mineral
Motorex Racing Fork Oil 10	Fork Oil	32	7.2	200	Mineral
Motorex Racing Fork Oil 15	Fork Oil	46	8.5	180	Mineral
Motorex Racing Fork Oil 20	Fork Oil	68	9.1	110	Mineral
Torco Racing Shock Fluid – Light	Shock Oil	14.5	4.7		100% Synthetic
Torco Racing Shock Fluid – Medium	Shock Oil	31.82	9.57		100% Synthetic
Torco Racing Fork Fluid – 5	Fork Oil	10.75	4		Semi Synthetic
Torco Racing Fork Fluid – 7	Fork Oil	16.1	5.05		Semi Synthetic
Torco Racing Fork Fluid – 10	Fork Oil	19.9	5.7		Semi Synthetic
Torco Racing Fork Fluid – 15	Fork Oil	33	8.4		Semi Synthetic
Torco Racing Fork Fluid – 20	Fork Oil	43.9	10.4		Semi Synthetic
Shell Advance Ultra 2.5	Shock Oil	8.6	3.6		100% Synthetic
Shell Advance Ultra 5	Shock Oil	23.5	5.9		100% Synthetic
Shell Advance Fork 5	Fork Oil	21	5	153	Semi Synthetic
Shell Advance Fork 7.5	Fork Oil	22	2.9	153	Semi Synthetic
Shell Advance Fork 10	Fork Oil	32	6.4	153	Semi Synthetic
Shell Advance Fork 15	Fork Oil	46	8.2	154	Semi Synthetic
Aero shell 31	Military aero	14.5	3.62		
Aero shell 41	Military aero	14.1	5.3		
Shell Tellus T15	hydraulic oil	15	5.3		
Shell Tellus 22	hydraulic oil	22			
Shell Tellus S (silver bearings)	hydraulic oil				
Esso Univis	J15				
Esso Univis	J26				