

TRACK DAY CHECKLIST

MOTORCYCLE		RAGS	
KEYS (toolbox / moto)		GLASS CLEANER	
SPARE KEYS		FAN	
F/R STANDS		RAMP	
TOOLBOX		CANOPY	
SPARES BOX		CHAIRS	
RAIN TIRES		COOLER + ICE	
TIRE WARMERS		DRINKS - LOTS OF WATER	
TIRE PUMP		SNACKS	
TIRE PRESSURE GAUGE		PAINTERS TAPE (for lights)	
GENERATOR + EXT. CORDS		DUCT TAPE	
GAS CANS - PREFERABLY FULL		PEN / MARKER	
OIL / FILTERS / PLUGS		NOTEBOOK	
LEATHERS		TRACK MAP	
BACK PROTECTOR		LICENSE	
HELMET x2		FLIP FLOPS	
GLOVES x2		SUNSCREEN	
BOOTS		SUNGLASSES / HAT	
EARPLUGS		SENSE OF HUMOUR	

Paraphrased from YCRS: The last thing we see far too often: Riders forgetting that **it's supposed to be fun!** We're fortunate beyond belief. We get to ride motorcycles for fun. We may never get paid to race motorcycles professionally, but we have the opportunity to get paid every time we swing a leg over the bike: the paycheck is a grin that goes ear to ear, a worn-out set of tires, and a lifetime of stories to tell.

If you're struggling, not having fun, or simply taking this whole thing too seriously. Remember: It's supposed to be fun, and if it's not, then figure out why and fix it.